



BEFORE AND AFTER CARD:

Images of practice settings

Review this guide to learn ways to integrate CARD in your setting. These images show environmental changes in different practice settings. The same approaches can be used in any setting. For more information and resources, visit CardSystem.ca.

Pre-procedure area



Waiting area 1: The waiting area has been made more inviting and comfortable for patients and support persons. This was done by including signage, education about CARD (via poster) and distraction items (posters and activities) that are easily accessible via a moveable cart, that can be used while waiting.

Procedure area



Surface areas: Equipment has been organized so there is less clutter and visual fear cues are out of site.

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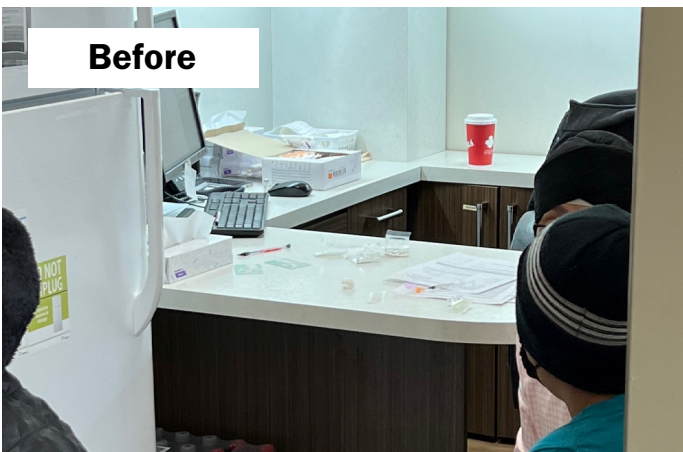


Before

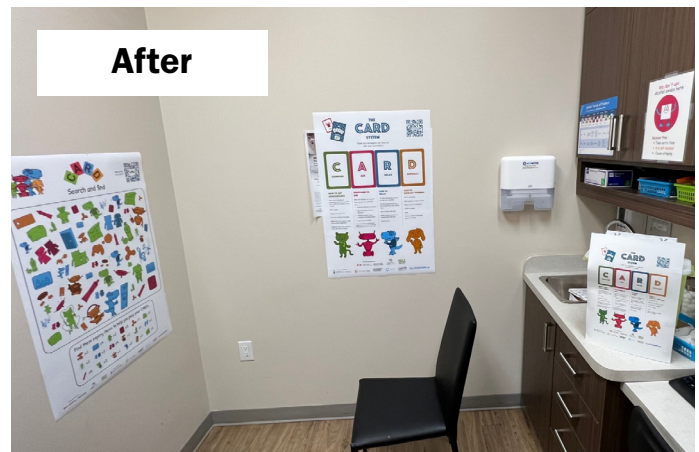


After

Furniture orientation: Furniture has been re-arranged to facilitate seating of the patient, a support person and the provider. Patients are facing a visually engaging poster and distraction items are available for use beside them (on the desk attached to the patient chair). The patient does not face equipment.



Before

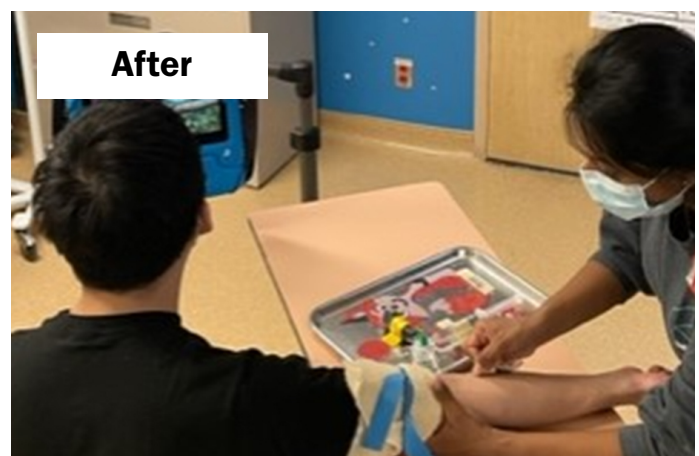


After

Room setup: The original room has been changed to a different room with more space and the ability to provide privacy. Posters provide distraction and obscure equipment. The patient's chair has been positioned to face a poster. The provider uses a stool (tucked under the desk) to sit beside the patient. Distraction items are provided on the examination table beside the patient (not in view).



Before



After

Patient positioning: The original seating position has the patient facing the procedure table and the equipment. The position was altered to a side-sitting position facing the electronic device (distraction video). The procedure tray was decorated to obscure the needle. The provider uses a stool to sit beside the patient. Distraction items are provided on the left of the the patient (not in view).